

CLEAN HANDS **SAVE LIVES**

6 steps to successful everyday hand washing



Rub hands palm to palm.



Rub hands palm to palm
with fingers interlaced.



In a circular motion rub
the tips of fingers in the
palm of the opposite hand.



Clean thumb by
holding it in the other
hand and rotating.



Interlock fingers and
rub back of fingers
on opposite palms.



Rinse hands
with water.